#### **INTRODUCTION**

About three years ago, I had the chance to participate in the process initiated by the Local Educational Authority of the province of Trento. This project led, after a period of specific teacher education on Montessori's philosophy, the sponsoring of experimental project designed to spread her thought and practice. In this way, during the school years 2016-17 and 2017-18, three primary school classes based on Montessori's Method were introduced in two comprehensive schools (Trento 6 and Rovereto Est).

### **RESEARCH QUESTIONS**

The research presented aims at monitoring the experimental project, in order to help the teachers progressively develop their practice in line with Montessori's indications.

The main question I am trying to answer to is:

To what extent is the teacher action in line with Montessori's thought?

The two related questions are:

What is the level of perceived self-efficacy on the part of the teacher?

What is the level of wellbeing in schools for children and parents?

## **METHODS**

In the first stage of the research, qualitative instruments (such as discussions with teachers and classroom observations) have been used, initially to define methodological principles with the teachers and school heads/executives/managers and subsequently to produce a checklist to gather data about specific teacher and child behaviours.

The checklist is designed for observing teacher and child behaviour using the Likert scale, recording presence or absence or the number of instances:

1. Learning environment

2. The children

	The environment contains pleasing objects  The environment contains plants  Animals are present in the environment				Ν	lo lo
		1	2	3	4	5
C1	The children work in pairs or in small groups	1	2	3	4	5
		1	2	3	4	5
C3	The children organize conferences		#In	ıstar	ices	
C4	The children put away their materials	1	2	3	4	5
C5	The children carry out different activities	1	2	3	4	5
	The children choose to work in places other than	1	2	3	4	5 5 5
		1		3		5
C8	•	1			4	
C9	The children go to work in places outside the	1		3	4	5
C1	The children go outdoors	1		3	4	5
Č1	The children wear slippers	1	2	3	4	5
C1	The children can freely drink water or tea		Yes		N	0
	L6 L7 L8 C1 C2 C3 C4 C5 C6 C7 C8 C9 C1 C1	The environment contains plants Animals are present in the environment The environment is taken care of by the children  The children work in pairs or in small groups The children work individually The children organize conferences The children put away their materials The children carry out different activities The children choose to work in places other than The children choose who to work with The children move around the classroom freely The children go to work in places outside the The children go outdoors The children wear slippers	The environment contains plants Animals are present in the environment The environment is taken care of by the children  The children work in pairs or in small groups The children work individually The children organize conferences The children put away their materials The children carry out different activities The children choose to work in places other than The children choose who to work with The children move around the classroom freely The children go to work in places outside the The children go outdoors The children wear slippers	L6 The environment contains plants L7 Animals are present in the environment L8 The environment is taken care of by the children L8 The children work in pairs or in small groups C1 The children work individually C2 The children organize conferences C3 The children organize conferences C4 The children put away their materials C5 The children carry out different activities C6 The children choose to work in places other than C7 The children choose who to work with C8 The children move around the classroom freely C9 The children go to work in places outside the C1 The children go outdoors C1 The children wear slippers C3 The children wear slippers C4 The children wear slippers C5 The children go outdoors C6 The children wear slippers C7 The children wear slippers C8 The children wear slippers C9 The children wear slippers	L6 The environment contains plants L7 Animals are present in the environment L8 The environment is taken care of by the children L8 The environment is taken care of by the children L9 3 C1 The children work in pairs or in small groups C2 The children work individually C3 The children organize conferences C4 The children put away their materials C5 The children carry out different activities C6 The children choose to work in places other than C7 The children choose who to work with C8 The children move around the classroom freely C9 The children go to work in places outside the C1 The children go outdoors C1 The children wear slippers C3 The children wear slippers C4 The children go outdoors C5 The children move around the classroom freely C6 The children go outdoors C7 The children go outdoors C8 The children wear slippers C9 The children wear slippers	The environment contains plants  Animals are present in the environment  The environment is taken care of by the children  The children work in pairs or in small groups  The children work individually  The children organize conferences  The children put away their materials  The children carry out different activities  The children choose to work in places other than  The children move around the classroom freely  The children go to work in places outside the  The children go outdoors  The children go outdoors  The children wear slippers

The environment shows a clear organisation of 1

The environment contains novel features

3. Montessori materials

4. The teacher

M2 M3 M4	The materials have a clear spatial collocation (by The materials are clean The materials are tidy The materials change during the school year The children's work is collected and stored (by the children or by the teacher)	1 1 1 1	2 2 2 2 2	3 3 3 3	4 4 4 4	5 5 5 5
T1 T2 T3 T4 T5 T6 T7 T8 T9	The teacher presents the materials separately The teacher presents the materials to small The teacher works at plenary level The teacher gives feedback to the children The teacher keeps a documentation of the The teacher moves around in the classroom The teacher organizes the groups that work The teacher is distracted by the children during The teacher communicates with colleagues or	1 1 1 1 1 1 1	2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	3 3 3 3 3 3 3 3 3	4 4 4 4 4 4 4 4	5 5 5 5 5 5 5 5 5

In the second stage, with the emphasis on the use of instruments for quantitative data gathering, two standard and validated questionnaire will be used: *Teacher Self-Efficacy Scale (*Tschannen-Moran & Woolfolk Hoy, 2001); italian version (Biasi & Domenici, 2013) and *Quality of Wellbeing at School* (Tobia&Marzocchi, 2015; italian version).

The first is designed to ascertain the level of perceived self-efficacy on the part of the teacher, while the second investigates the level of wellbeing in schools for children and parents.

## **DATA GATHERING**

Using this checklist, during the school years 2016-17 and 2017-18 I personally conducted nine observations in each of the school classes for about 70 minutes in the morning.

The collected data is related to 73 pupils, their parents (68% of them answered the questionnaires) and 7 teachers.

# LIMITATION OF THE STUDY

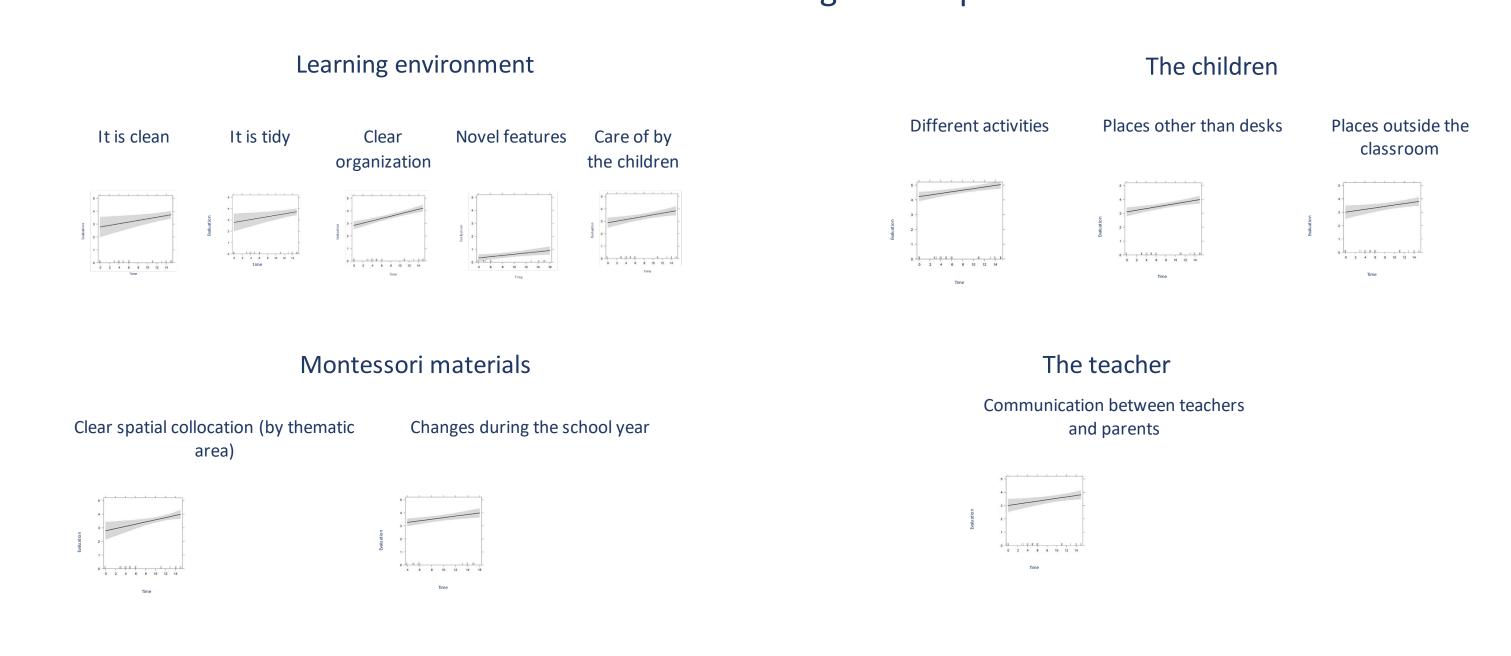
The checklist was based on personal observations of an expert, but still a study of validation of such tool does not exist.

The sample of teachers is really limited although, in order to obtain a relevant number, a multi-centers study would be needed. Generalizations would be constrained to the Italian context.

## **ANALYSIS AND DISCUSSION**

Analysis were made with the software R (R Core Team, 2016), function gls (generalized least squares) and anova, one for each group (children, parents, teachers), obtained through the "aov" function.

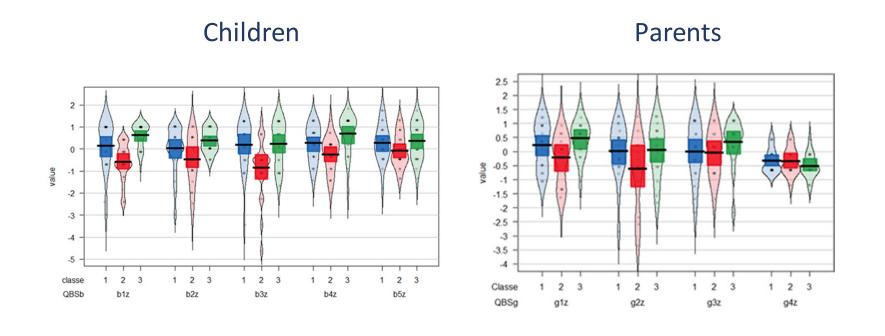
The mixed models run on the checklist showed a significant positive trend due to time on the items:



The results of the data analysis are based on the fact that, in order to implement an authentic Montessori approach, the teacher must necessarily undergo a transformational process. Thus, we noticed a gradual decline in the discrepancies between what is stated and classroom action.

The standardized questionnaires have showed a general good level of perceived self-efficacy on the part of the teachers and wellbeing on the part of the children and the parents. Especially considering the short time of the experimental process.

Wellbeing at school in children and parents:



## **CONCLUSION**

Some of Montessori's insights, especially those linked to a learning environment that is welcoming, accessible and familiar, together with the children's autonomous work without tests or marks, are seen as being particularly suitable for managing the complex heterogeneity of our schools and thus promoting wellbeing in teachers, children and parents.

The research presented aims at monitoring the experimental project, in order to help the teachers progressively develop their practice in line with Montessori's indications. The checklist should be considered as a self-reflection tool for guiding teachers who are introducing the Montessori Method in the public sector.

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**CONTACT**: bcaprara@unibz.it