extrinsic motivation can range from ternalized to completely external. g feature of intrinsic motivation is etence, autonomy, and relatedness table framework for understanding s the degree of internalization of extrinsic motivation.	is synonymous with intrinsic motivation in which learners "display positive affect, flexible and adaptive strategy use, and deep cognitive engagement in the task" (p. 146). Learners following a mastery pattern pursue mastery goals (learning, understanding) over performance goals (social comparison, norm-referenced standards) and find meaning in their work.
knowledgement of feelings, and for self-direction enhance intrinsic increasing feelings of autonomy" (p. 70).	Mastery goal pursuit is fostered through students' feeling a "strong sense of control" and having a tendency to "make internal, controllable attributions for success and failure" (p. 146).
ferentiates intrinsic and extrinsic	"Perceived meaning is important in motivated

mpetence are required for intrinsic

Combining competence with self-determination

behaviour," but "little attention has been paid to

meaning in studies of academic motivation"

(p. 147).

ecause "people will be intrinsically

hat have the appeal of novelty,

je or aesthetic value" (p. 71).

ectivities that hold interest for them,